

Using visual timetables

Visual timetables enable individuals to break down long sessions (or large tasks) into discrete, more manageable chunks, giving children, especially those with ASD advance warning of what is going to happen (thereby alleviating anxiety and confusion).

Up to level 9 reading- pictures or symbols colour

Pupil would have access to an individual timetable, located at or near desk or workstation

Instructions should be as clear and as literal as possible. In its simplest form, a visual timetable may just consist of two cards with pictures/symbols and possibly words for “now” and “then”. For example, now – work, then – snack. This would be suitable for a pupil working up to level 4 and could gradually be increased as the child becomes able to cope with longer sequences.

Depending on whether or not the child has used a visual timetable before will depend on how many symbols are introduced onto their timetable. Usually a child up to level 6 would have no more than 4 symbols on their timetable at any one time. These will be location based e.g. workstation, playground or table. Level 7+ may have more symbols.



Level 10-11- all symbols supported by words (black and white)

At this level a pupil would have access to an individual timetable

As a child becomes more familiar with using their timetable and can recognise key symbols, the next step would be to introduce level 2. These symbols would be more detailed i.e. “Numbers” for Maths, supported by the relevant picture.

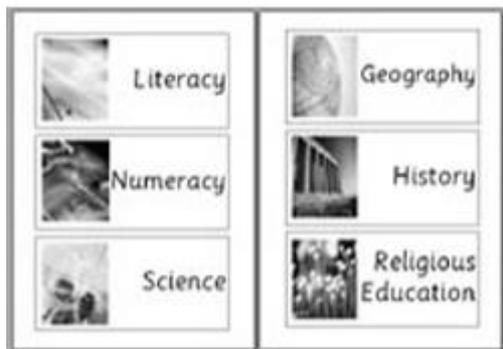


Example of Level 2.

Level 12-13 Daily timetable with words (black and white)

At this level pupils would follow a classroom, teacher led timetable.

Example of a level 3 timetable.



Level 14+

At this level pupils would need access to a large written, classroom timetable

Older children, for example Yr 11 upward, who can read would benefit from a written timetable. Where possible this should be colour co-ordinated to link in with their lessons.

Example of a level 4 timetable

TIME TABLE FOR R.F.A.R. END EXAMINATION REVISION

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 Oct Maths	5 Oct Maths	6 Oct Science Maths	7 Oct MT Eng	8 Oct MT Comprehension	9 Oct MT Compso Eng Compso	10 Oct Science Discussion Maths
11 Oct MT Compso	12 Oct Eng Compso	13 Oct MT Compso Eng Compso	14 Oct MT Compso Eng Compso	15 Oct MT Listening Eng Listening	16 Oct MT Maths	17 Oct Science Discussion/Science
18 Oct Eng	19 Oct Maths Science	20 Oct MT Eng	21 Oct Science Discussion/Maths	22 Oct Eng MT	23 Oct Maths Science	24 Oct MT & Eng Oral Practice
25 Oct MT & Eng Oral Practice	26 Oct MT Oral Eng Oral MT	27 Oct Science	28 Oct Eng	29 Oct Maths	30 Oct MT	31 Oct Science Discussion Maths
1 Nov Eng Maths	2 Nov Eng Maths	3 Nov Maths MT	4 Nov MT Science Science Discussion	5 Nov Science	6 Nov Exam Oral	7 Nov

Any Classroom timetable should, where possible mirror the pupils timetable and be bigger in size and located at a central point.